

# NMCI

## S E R V I C E S

### TEAM BUILDING

The NMCI provides Team Building courses to suit our clients from all areas of industry. These courses can involve group exercises in our environmental pool, damage repair unit and our 360 degree bridge simulator. This high end team building program involves outdoor and indoor challenges and problem solving.

A typical team building day at NMCI could involve a navigational race around Governors Island in New York Harbour, in one of the College's cutting-edge bridge simulators. A repair exercise can be set up in a rapidly flooding chamber in the Damage Repair Instructional Unit (DRIU). In addition we can offer a range of sea survival challenges in the environmental pool with harsh weather conditions at their max!

Team building is an important task for any manager. One can always assemble a team, but building up a team to perform at its best is not a given. As the cliché goes, there is no "I" in team. Every individual contributes to the success – or failure – of the team, and the best way to get to the top is to make sure that the whole team operates as one efficient unit.



### ENVIRONMENTAL POOL

The sea survival pool can simulate conditions at sea from wind and rain to thunder, lightning and waves. This is an ideal environment to build your team and the intensity can be adjusted to suit the robustness of the group.



### WET EVENTS

- **Level 1:** Fun and enjoyable day out in a relaxed atmosphere
- **Level 2:** Competitive
- **Level 3:** Boot camp style (very competitive and physical, aimed at adrenaline junkies)

The wet events you may avail of include but are not limited to the following:

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|---|-----------------|
| • 1. Swimming Strip Mania.              | (Level 1, 2, 3) |
| • 2. I'm a Casualty Get Me Out of Here! | (Level 1, 2, 3) |
| • 3. Mayday Relay.                      | (Level 1, 2, 3) |
| • 4. Escape to Victory.                 | (Level 1, 2, 3) |
| • 5. Life Raft Mayhem.                  | (Level 1, 2, 3) |
| • 6. Sinking Feeling.                   | (Level 1, 2, 3) |
| • 7. Splash and Dash.                   | (Level 1, 2, 3) |
| • 8. Rope Walk.                         | (Level 1, 2, 3) |
| • 9. Debris Recovery.                   | (Level 1, 2, 3) |
| • 10. Land Ahoy.                        | (Level 1, 2, 3) |

**Note:** The clients are encouraged to discuss and plan their day in advance with the Course Coordinator.



\* To organise your Team Building day, \* contact the NMCI Services office on +353 21 4970609 or email: [services@nmci.ie](mailto:services@nmci.ie)



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### DAMAGE REPAIR INSTRUCTIONAL UNIT - A UNIQUE TEAM BUILDING EXPERIENCE

Not only is the Damage Repair Instructional Unit (DRIU) used as part of our firefighting courses, it can also be hired by commercial customers seeking a 'one of a kind' team building experience accommodating up to 12 people.

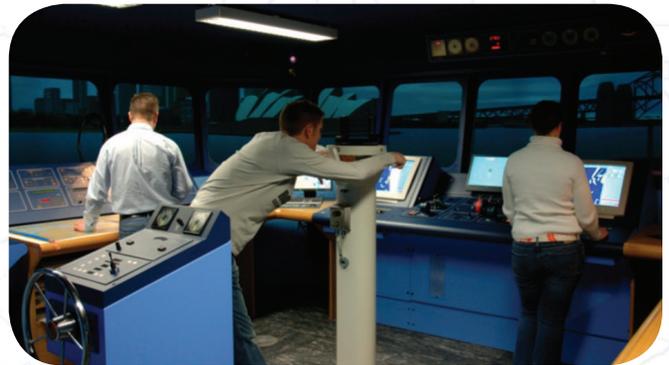
Encouraging quick thinking and a fast response, high levels of communication and team work, the DRIU provides a unique practical learning experience for your team. The DRIU is the NMCI's sinking ship simulator, which is used to safely train personnel in effective damage control.

Representing a sinking ship, cold water floods in from numerous breaches of the ship's hull. Built to replicate the inner design of a ship, the DRIU gives a realistic effect.



### "CLASS A" FULL MISSION BRIDGE SIMULATORS

Simulation affords the opportunity to bond team members in a simulated realistic environment on board a virtual computer generated craft which has all the characteristics of a real ship.



### EXTEMPORE RIGGING

With modern developments of hydraulics, and the increasing availability of portable and mounted cranes, the requirement to improvise lifting rigs has greatly reduced. In certain circumstances the seaman may be called upon to use his ingenuity to improvise and make best use of available resources. Team members might be asked to rig some form lifting gear for e.g. derrick, sheers or gyn to transport equipment. The teams will have to do this using their own ship's gear, supplemented by anything they can find ashore.

Our packages include varied Team Building exercises and we encourage our clients to tailor their own day.

If you have a team that needs gelling or that wants a fun day out, why not drop us an email and see what we can do for your team building day.



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